



Program Description:

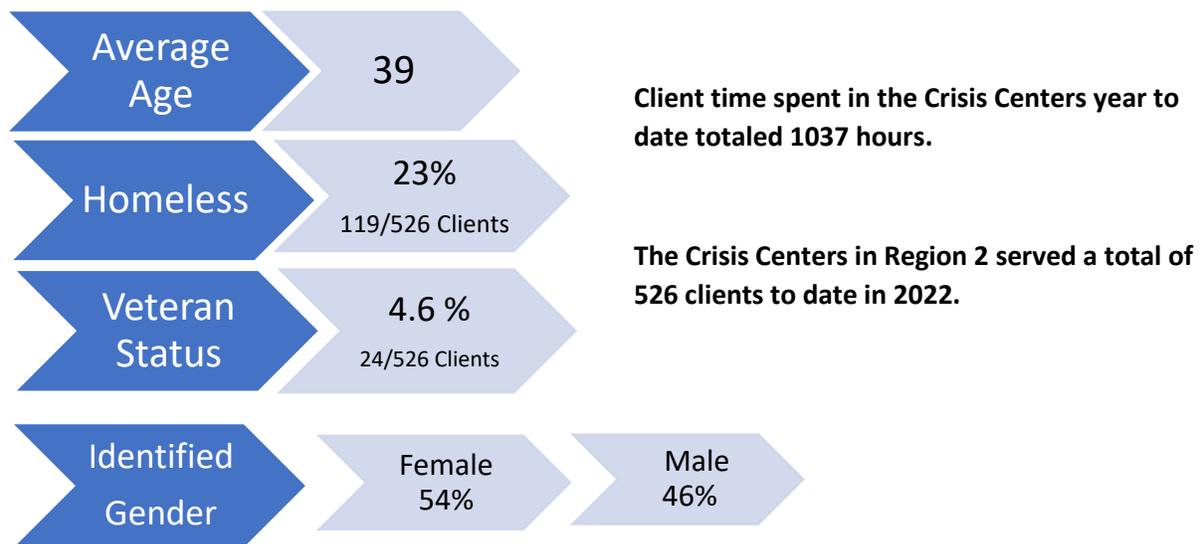
Rural Crisis Center Network (RCCN) locations in Region 2 operate across five counties, stretching from Washington to Montana. We cover a 13,404 square mile area and provide services to a diverse population of 110,988. The RCCN is based on the premise that an individual in crisis is best served and recovers more quickly when interventions are provided in familiar surroundings where natural supports and resources are available.

Public Health – Idaho North Central District (PH) holds the contract with Department of Health and Welfare, Behavioral Health (DHW) to provide Crisis Center Services. PH subcontracts with community partners to provide Crisis Center services in Moscow, Lewiston, and Orofino.

Region 2 mitigates the cost of dispersing services by contracting with professionals in place who are already providing behavioral health services in the communities. Rural Crisis Center services are provided on an as-needed basis by behavioral health specialists and clinicians associated with the contracted agencies. Physical locations or “mini” crisis centers are established within the provider agency in Lewiston and Orofino. The Moscow location is co-located with The Latah Recovery Center.

Population Served:

The RCCN provides the above listed services to citizens aged 18 and older, who are experiencing a behavioral health crisis. Participants come to the crisis centers from all walks of life and with a wide variety of need. The client identifies the crisis and need for help and assistance. Our professionals assess for risk, work with the client to develop a workable plan, identify resources, enlist appropriate referrals, and provide follow-up as needed. Below are some of the demographics showing the diverse nature of our clients



Insurance	Race	County
<ul style="list-style-type: none"> • 126 Medicaid 24% • 19 Medicare 4% • 11 Medi/Medi 2% • 27 WA Medicaid 5% • 43 Self-Pay 8% • 17 Blue Cross 3% • 10 CHAMPVA 1% • 117 Unknown 22% • 1 NiiMiiPoo --- • 155 None 29% 	<ul style="list-style-type: none"> • 471 Caucasian 90% • Other <ul style="list-style-type: none"> • 1 Alaska Native • 3 Pacific Island • 6 Black/African American • 8 Native American • 37 Unknown/Refused • 55 Total Other 10% 	<ul style="list-style-type: none"> • 100 - Clearwater 19% • 325 - Latah 62% • 74 - Nez Perce 14% • 9 - Out of State 2% • 16 - Idaho 3% • 1 - Lewis --- • 1 - Kootenai ---

The Crisis Centers continue to be steadily busy. Referrals from Law Enforcement and the community hospitals have increased. Overall, consumer contact in the Crisis Centers has seen a 52% increase over the same period in 2021. Much of this is accounted for by the addition of a case manager and a rigorous intern program in the Moscow Crisis Center. We continue to partner with the Recovery Center, Vandal Recovery, University of Idaho, and Gritman Hospital in the Moscow area. Latah County crisis responses account for 70% of the client flow.

2021 – January – September – Crisis Contacts – 264

2022 – January – September – Crisis Contacts – 526

This 2022 total represents a 200% increase over the same period in 2021.

Community Partnerships/Stakeholders

The RCCN dispersed model is dependent on community partnerships, stakeholders, and referrals. Building and sustaining a collaborative relationship with community members, law enforcement, hospitals, EMT, local police, service providers, colleges, courts, and county officials is essential in the success of the dispersed model. Partnering and stakeholder relationships lead to community savings. Community savings include reduced law enforcement time and manpower, decreased legal involvement, choices for emergency room personnel, additional resources for schools and colleges and an overall cost savings for communities. Most importantly, partnerships and local access to behavioral health crisis services increases quality of care and recovery options for clients which avoids costly alternatives including hospitalization or incarceration.

Addressing Community Need and Gaps in Services

The RCCN is a partnership of providers coming together to meet the challenges of providing behavioral health care services for each citizen. Each community housing a center has unique needs and working closely with law enforcement in the Lewiston area the center has been able to help 3 specific individuals avoid unnecessary incarceration, decompensation, and ultimately multiple long-term hospitalizations. Historically each of these individuals has been through the “system” multiple times. These homeless clients visit the center on a semi-regular basis to check-in, obtain food, rest, and shower if needed. Crisis Center staff make sure the clients are taking medications, help them with paperwork, and/or facilitate court and doctor visits. These are not the ordinary clientele at the crisis center however, these individuals are psychiatrically stable and able to maintain in the community without law enforcement intervention or multiple emergency room visits.

Region 2 stakeholders and community partners have always recognized the lack of crisis services for children and adolescents. To fill that gap the RCCN spearheaded the application process to provide crisis centers for youth in Region 2. While we were unsuccessful in this first endeavor, we will continue to build relationships and seek funding to build a crisis system of care for the youth in Region 2. Our communities, law enforcement, provider agencies, child welfare and schools actively supported our efforts and offered in-kind support to providing this much needed resource.

Future Oriented

The RCCN is future oriented. The centers support their respective communities. We take part in community forums such as identifying and meeting with community members after the tragic murders at the University of Idaho, talking with a jailor in a rural area when an inmate is in crisis, meeting with church groups to educate members, and being open to opportunities for growth and change. We promote internships through 5 colleges and universities plus work closely with the WWAMI program at the University of Idaho. We look for ways to help our clinical staff, peers, and recovery coaches sustain licensure and certification by providing educational opportunities. Community involvement is key to the success of the Region 2 rural model for growing our crisis centers to meet the ever-changing need in our communities.

