

November at the Latah Recovery Center

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| Recovery Coaching/Peer Support-Online/phone avail. Call to schedule. | Every day, and by appt. |
| Alcoholics Anonymous-Live and On Zoom | M-F, noon |
| Positive Affirmations-Live and On Zoom | Mon, 1-2, Wed 5-6 |
| Vandal Recovery Student Center open at St. Augustines | Mon., 1-3 |
| Adult Children of Alcoholics, Women's Meeting | Mondays 5-6:30 |
| Life Skills-Live and On Zoom | Mondays, 5-6 |
| Recovery Peer Volunteer Meeting | Last Monday of month, 6pm |
| Alcoholics Anonymous Womens Group-Live and on Zoom | Mondays, 7:30 |
| Sexaholics Anonymous | Mon and Tues 8:30-9:30 |
| Art with Shanda | Tuesdays, 5 |
| LRC Board of Directors | Tuesday, Nov. 10, 4pm |
| Addiction Support Group-Live and On Zoom | Tuesdays 6:30-8 |
| Al-Anon-Live and On Zoom | Wednesdays, 1:15 |
| Recovery International: Mental Health Self-Help-Live and On Zoom | Wednesdays, 6:30-8 |
| Recovery Radio on KRFP FM | Thursdays, 1:10pm |
| New Volunteer Orientation | Thursdays 4-5 |
| Inner Child Class | Thursday 11/12, 4:30 |
| Thanksgiving Meal to Go | Thursday, Nov. 19, 4-7pm |
| Sexaholics Anonymous | Thursdays 5:30-6:30 |
| Depression and Anxiety Therapy Group | Thursdays 6:30-8 |
| All Recovery Meeting-Live and On Zoom | Fridays 5-5:45 |
| Co-Dependency Group | Fridays, 6pm |
| Al-Anon-Live and On Zoom | Fridays, 8pm |
| Moscow Friday Night AA | Fridays, 8pm |
| Learn How to Crochet & Calm Your Mind-On Zoom | 4th Sat of month, 10-12 |
| Narcotics and Drugs Anonymous Support | Saturdays and Sundays, 5:30 |
| Alcoholics Anonymous Sunday Morning Group-Live and On Zoom | Sundays, 9:30 |
| Adult Children of Alcoholics, Mixed Group | Sundays, 5-6:30 |

ZOOM Meetings are accessed by going to our calendar at www.latahrecoverycenter.org and clicking on the group name. Follow the instructions from there. Problem? Call and we'll help.

Bolded Date=Regular offering. Plain text=Special offering for month. Need an understanding person to talk to? We have Recovery Peer Volunteers here to help you in recovery from mental health and addiction issues all hours of operation. We are here to help!