

January at the Latah Recovery Center

Recovery Coaching and Peer Support	Every day, and by appt.
Alcoholics Anonymous	Every day, noon
Positive Affirmations	Mondays, 1-2
Life Skills	Mondays, 5-6
Recovery Peer Volunteer Meeting	Last Monday of month, 6pm
PEER Social Activity: Bowl in the New Year (RSVP rodsprague@nethere.com)	Mon./Tues., 12/31-1/1, 11pm-1am
Yoga (Hosted by Moscow Yoga Ctr)	Tuesdays 12:30-1:30
AA: Recovery With Kids	Tuesdays AND Saturdays 4-5pm
Chess w/Steve	Tues and Thurs 5-6
Narcotics Anonymous	Tuesdays 5:30, Fridays 5:30
Free Meal or Snack Sponsored by Good Sam	Tuesdays, 5:30-out of food
Addiction Support Group	Tuesdays 7-8
Positive Affirmations	Wednesdays 5-6
Recovery Peer Volunteer Training Pts. 1 and 2 (RSVP LatahRecoveryCenter@gmail.com)	Wednesdays 1/23 AND 30, 6-9pm
Recovery International: Mental Health Self-Help	Wednesdays, 6:30-8
Recovery Radio on KRFP 90.3 OR Itunes and GooglePlay podcast	Thursdays, 1:10pm on air
New Volunteer Orientation	Thursdays 4-5
Alternative Giving Market of the Palouse at 1912 Ctr	Thursday, 4-8pm
Recovering Parents	Thursdays 5-6:30 Starting 1/10
LAMI: Family Support Program	2nd Thurs of month 7-8:30
All Recovery Meeting	Fridays 5-6
Movie/Games: Check website for listing	Fridays 6:30-9
AA Speakers Meeting	3rd Saturday of month, 11-2:30
Learn How to Crochet & Calm Your Mind	4th Sat of month, 10-12
Adult Children of Alcoholics, Women's Meeting	Sundays 6-7:30

Classes and Groups are ALWAYS FREE OR AT COST AND OPEN TO ALL.

Bolded Date=Regular offering. Plain text=Special offering for month. Need an understanding person to talk to? We have Recovery Peer Volunteers here to help you in recovery from mental health and addiction issues all hours of operation. We are here to help!

531 S Main, Moscow 208-883-1045 www.LatahRecoveryCenter.org

Find us on Facebook!