

November at the Latah Recovery Center

Recovery Coaching and Peer Support	Every day, and by appt.
Alcoholics Anonymous	Every day, noon
Positive Affirmations	Mondays, 1-2
Eat Smart Idaho Nutrition Class	Monday 11/12, 4-5pm
Life Skills	Mondays, 5-6
Narcotics Anonymous	Mondays 6, Tuesdays 5:30, Fridays 5:30
Recovery Peer Volunteer Meeting	Last Monday of month, 6pm
Yoga (Hosted by Moscow Yoga Ctr)	Tuesdays 12:30-1:30
AA: Recovery With Kids	Tuesdays AND Saturdays 4-5pm
Chess w/Steve	Tues and Thurs 5-6
Free Meal or Snack Sponsored by Good Sam	Tuesdays, 5:30-out of food
Prescription Addiction Support Group	Tuesdays 7-8
Positive Affirmations	Wednesdays 5-6
Recovery International: Mental Health Self-Help	Wednesdays, 6:30-8
Recovery Radio on KRFP 90.3 OR Itunes and GooglePlay podcast	Thursdays, 1:10pm on air
New Volunteer Orientation	Thursdays 4-5
Recovering Parents w/Katie Stinson	Thursdays 11/8 and 15 5-6:30
Peaceful Art Practices	Thursdays 5-6
LAMI: Family Support Program	2nd Thurs of month 7-8:30
All Recovery Meeting	Fridays 5-6
Movie/Games: Check website for listing	Fridays 6:30-9
AA Speakers Meeting	3rd Saturday of month, 11-2:30
Learn How to Crochet & Calm Your Mind	4th Sat of month, 10-12
PEER Social Activity: WSU Planetarium Mayan Cal. Talk (RSVP rodsprague@nethere.com) Sun. 11/11, 5pm	
Adult Children of Alcoholics, Women's Meeting	Sundays 6-7:30

Classes and Groups are ALWAYS FREE OR AT COST AND OPEN TO ALL.

RSVP LatahRecoveryCenter@gmail.com Bolded Date=Regular offering. Plain text=Special offering for month.

Need an understanding person to talk to? We have Recovery Peer Volunteers here to help you in recovery from mental health and addiction issues all hours of operation. We are here to help!

December

2nd Monday, 4-5pm Eat Smart Idaho: Free Nutrition Class

Appaloosa Horse Club as only Cindy and Tim showed up last time. We will meet there at 11 am Saturday the 1st of December 11am

Latah Recovery Center



a community of peer support